**Table 2.** Formal and Informal Help-Seeking Experiences.

|  |  |
| --- | --- |
| **Question** | ***N /* %** |
| **Please describe your sexual interest in minors (check all that apply)** | *N* = 183 |
| Attraction to prepubescent children aged 12 years or less | 67 % |
| Attraction to minor teens aged 13-15 years 74% | 74 % |
| Attraction to minor teens aged 16-17 years 60% | 60 % |
| **Have you ever tried to seek help about your sexual interest in minors? If yes, who?** | *N* = 186 |
| Website or Internet forum | 47 % |
| Phone helpline | 28 % |
| Counselor/therapist/social worker/psychologist | 75 % |
| Medical doctor | 16 % |
| Religious leader (priest, rabbi, minister, etc.) | 19 % |
| **How helpful was the professional?** |  |
| Helpful or very helpful | 49 % |
| Not helpful | 33 % |
| **Have you ever sought counseling for any other personal or emotional challenges besides concerns related to your sexuality?** | *N* = 179, 50% |
| **Currently, does anyone in your personal life know about your minor attraction?** | *N* = 182 |
| No | 47 % |
| Friend | 37 % |
| Parent | 23 % |
| Family member | 24 % |
| Spouse/partner/girlfriend/boyfriend | 19 % |
| Other | 14 % |
| **How often do you talk to someone in your personal life about your minor attraction?** | Never |
| Friend | 50 % |
| Parent | 68 % |
| Family member | 73 % |
| Spouse/partner/girlfriend/boyfriend | 66 % |
| Other | 75 % |

*\* Note.* Percentages may not add up to 100% because some participants endorsed more than one category.