**Table 2.** Formal and Informal Help-Seeking Experiences.

|  |  |
| --- | --- |
| **Question** | ***N /* %** |
| **Please describe your sexual interest in minors (check all that apply)** | *N* = 183 |
|  Attraction to prepubescent children aged 12 years or less  | 67 % |
|  Attraction to minor teens aged 13-15 years 74% | 74 % |
|  Attraction to minor teens aged 16-17 years 60% | 60 % |
| **Have you ever tried to seek help about your sexual interest in minors? If yes, who?**  | *N* = 186 |
|  Website or Internet forum  | 47 % |
|  Phone helpline  | 28 % |
|  Counselor/therapist/social worker/psychologist  | 75 % |
|  Medical doctor  | 16 % |
|  Religious leader (priest, rabbi, minister, etc.)  | 19 % |
| **How helpful was the professional?** |  |
|  Helpful or very helpful  | 49 % |
|  Not helpful  | 33 % |
| **Have you ever sought counseling for any other personal or emotional challenges besides concerns related to your sexuality?** | *N* = 179, 50% |
| **Currently, does anyone in your personal life know about your minor attraction?** | *N* = 182 |
|  No | 47 % |
|  Friend | 37 % |
|  Parent | 23 % |
|  Family member | 24 % |
|  Spouse/partner/girlfriend/boyfriend | 19 % |
|  Other | 14 % |
| **How often do you talk to someone in your personal life about your minor attraction?**  | Never |
|  Friend | 50 % |
|  Parent | 68 % |
|  Family member | 73 % |
|  Spouse/partner/girlfriend/boyfriend | 66 % |
|  Other | 75 % |

*\* Note.* Percentages may not add up to 100% because some participants endorsed more than one category.